

---

---

## ABOUT THE AUTHORS

---

---

**ANNA RUBY P. GAPASIN** is currently the Vice President for Research, Extension, Planning, and Development of the Polytechnic University of the Philippines. She has successfully led the University Quality Management System (QMS) Core Team as the Quality Management Representative for the ISO Re-certification Audit while supervising the ten (10) units under the OVPREPD sector. She served as the Chairperson of the Broadcast Communication undergraduate program and Master's in Communication program in the PUP Open University System for almost a decade, after which she became the Executive Director of the PUP OUS from 2016 to 2018. She also served as the Director of the Communication Management Office from 2012 to 2016. She held other positions in the university as Head Executive Assistant to the President and University Board Secretary. Before her teaching career, which started way back in 1999, she had been in the media practice as a broadcast journalist since 1994.

---

**NICOLAS T. MALLARI** presently holds the position Director of the Research Institute for Human and Social Development. He was also designated as the Dean of the College of Social Sciences and Development, a position he held for six years. He had been designated as the chairperson of the Department of Psychology from 2009 to 2015.

Prof. Mallari is a graduate of Bachelor of Industrial Psychology in 1992 at the Polytechnic University of the Philippines. He also graduated with the degree Master of Education, major in School Psychology in 2001 at the Philippine Normal University. He completed his Doctor of Philosophy in Human Resource Management in 2010 at the Eulogio Amang Rodriguez Institute of Science and Technology. Prof. Mallari also finished his Doctor of Philosophy in Educational Psychology program at the La Consolacion University in September, 2022. He is also a registered psychometrician.

His research interest focuses on such areas as sport psychology, mental health and well-being, and school psychology.

---

**RODRIGO V. LOPIGA** obtained his Doctorate degree in Educational Management at the Polytechnic University of the Philippines Graduate School and currently writing his Dissertation to finish his PhD in Educational Psychology course at the La Consolacion University, he is a graduate on MA Psychology (Clinical) and Bachelor in Clinical Psychology from PUP. His research interests are on mental health, assessment, psychotherapy and counseling, substance abuse and psychology of education. He is currently the clinical psychologist and chief of the office of the counseling and psychological services of PUP and serves faculty at the department of psychology. He is also a freelance psychotherapist, a licensed psychologist, certified clinical psychologist, and a certified rehabilitation worker by the Dangerous Drugs Board.

---

---

## ABOUT THE AUTHORS

---

---

**JOSE M. ABAT** is a regular faculty of the PUP Department of Psychology, College of Social Science and Development with a rank of associate professor. He obtained his undergraduate degree in Clinical Psychology from Polytechnic University of the Philippines and his MA in Psychology from the same university. He is completing his PhD in Educational Management. He is currently the Chief of the Office of Admission and Registration Services of PUP Main Campus.

---

**SENSEI M. ADORADOR** is a faculty of the College of Education at Carlos Hilado Memorial State University-Talisay City, Negros Occidental. His research interests include Philosophy of Education, Sociology of Education, and Conflict and Reconciliation, particularly the indigenous people and Sacadas of Negros Occidental. He is a member of the Congress of Teachers and Educators for Nationalism and Democracy (CONTEND) and occasionally, writes on Rappler.

---

**ABEGAIL R. BAYONA** is a 3rd year law student with 10 years previous experience in teaching English & Foreign Languages. Her research interests include the intersections of Linguistics and Gender Studies.

---

**MARK ANTHONY M. QUINTOS** is an experienced sociologist who has taught more than thirty different courses in five of the top universities in the Philippines. He currently teaches at De La Salle University as a member of the Department of Sociology and Behavioral Sciences Department, at the Polytechnic University of the Philippines as a special lecturer for the Department of Sociology and Anthropology, and at the University of the Philippines Diliman as a Senior Lecturer for the Department of Sociology. Prior to these teaching engagements, he taught at Far Eastern University and at the University of the Philippines Los Baños where he served a term as head of the Sociology-Anthropology-Psychology Division of the Department of Social Sciences. He has published more than twenty articles in reputable peer-reviewed journals and remain an active social scientist making empirical and theoretical inquiries on various domains of social life including suicide, social psychology, education, religion, population, gender, death, deviance, and human behaviors in the cyberspace.

---

---

## ABOUT THE AUTHORS

---

---

**AZMERY SULTANA** is currently working as a faculty member of Management department at Army Institute of Business Administration, Savar, which is an affiliated institutions of Bangladesh University of Professionals, Bangladesh. She is from Dhaka, Bangladesh. She was the former lecturer of School of Business of Ahsanullah University of Science and Technology, Bangladesh. She has completed her Bachelor of Business Administration and Masters of Business Administration on Management Information Systems from University of Dhaka, Bangladesh with excellent academic achievement. She was also awarded government scholarship in board exams. Being energetic and curious, she held a position of Country Representatives of Bangladesh Girl Guide Association, of 100 years anniversary program, England. She is enthusiastic and love to learn every little thing.

---

**MINAMI O. IWAYAMA** obtained her Bachelor of Arts and Master of Arts degrees in Sociology from the University of the Philippines Los Baños, and her Doctor of Law (Juris Doctor) degree from the Arellano University School of Law. Her research interests are on the OFW phenomenon, labor migration, population studies (focusing on migration), migration brokerage, sociology of labor, sociology of law, sociology of gender and sexuality, social psychology, sociology of the internet, sociology of religion, and sociological theories. She has taught at the Ateneo de Manila University and the University of Santo Tomas, and is currently affiliated with the Polytechnic University of the Philippines.

---

**AXLE CHRISTIEN TUGANO** obtained his degree in History (*magna cum laude*) from the Polytechnic University of the Philippines in 2015 and is now finishing his MA Philippine Studies Program at the University of the Philippines Diliman. He is a History Faculty Member of the Department of Social Sciences, University of the Philippines Los Baños, Laguna. He has published some articles and book reviews in academic refereed journals such as *Diliman Review*, *Likhaan: The Journal of Contemporary Philippine Literature*, *Asian Studies: Journal of Critical Perspectives on Asia*, *Tala Kasaysayan*, *Dalumat E-Journal*, *Hasaan Journal*, *SALIKSIK E-Journal*, *Kawing Journal*, *Katipunan Journal*, *Bisig Journal*, *Mabini Review*, and *International Journal of Transdisciplinary Knowledge*. Also, he has published some book chapters in *Bagong Kasaysayan (BAKAS)*, *ATAGAN*, *Asosasyon ng mga Dalubhasa*, *mga Hilig at Interes sa Kasaysayan (ADHIKA)* ng Pilipinas, and National Commission for Culture and the Arts (NCCA). He was a recipient, *Mananaysay ng Taon 2021 – Ikatlong Gantimpala*, Komisyon sa Wikang Filipino (KWF). His research is focused on diaspora, Philippine intercultural encounters, and Southeast Asian Studies.